

# Master of Science in Nutrition and Dietetics



SHENANDOAH<sup>®</sup>  
UNIVERSITY

*A full time, in-person, 5 semester master's graduate program (58 credits)*

## PROGRAM DESCRIPTION

The Master of Science in Nutrition and Dietetics is a program that leads to the Registered Dietitian/Nutritionist credential, RDN. The curriculum combines critical thinking, problem analysis and scientific inquiry to train graduate students to promote nutritional health and wellness to individuals and communities.

## PROGRAM PREREQUISITES

- A completed bachelor's degree from a regionally accredited college or university with a minimum grade point average of 3.0 on a 4.0 grade scale.

The required prerequisite courses must be completed with a grade of "C" or better. Applicants can be enrolled and completing these courses at the time of application but we highly recommend at least a 50% completion prior to applying. All prerequisite courses must be completed prior to starting in the program.

- Anatomy or Anatomy & Physiology I
- Physiology or Anatomy & Physiology II
- Statistics
- Introduction to Nutrition

## ADMISSIONS REQUIREMENTS

- Graduate application and \$30 application fee
  - Please note: starting in 2026, the MS Nutrition and Dietetics program will accept applications through DICAS only.
- Unofficial transcripts from all institutions of higher education previously attended for initial review. Official transcripts must be sent prior to enrollment if admitted to the program
- Submit three letters of recommendation
  - At least one recommendation from an academic source to indicate applicant's ability to participate in the rigors of graduate school and at least one recommendation from a professional source to demonstrate traits the applicant possesses to be a future registered dietitian/nutritionist.
- Essay (no more than 2 pages, double-spaced) addressing the following prompt:
  - Why have you chosen to apply to the MS Nutrition and Dietetics Graduate Program in the School of Health Professions at Shenandoah University? Our program follows ACEND's Future Education Model, which means we provide competency based learning that incorporates experiential learning and hands-on training. Why do you believe this model will be the best program for you?
- Interview: Applicants who meet academic requirements will be invited to a virtual interview.

## ADMISSION & APPLICATION

### Start Term and Admission Deadline

Fall (August):  
Deadline: August 15

*Applications are reviewed on a rolling basis leading up to the application deadline*

### Format/Location

In person at our Health Professions Building in Winchester

### English Language Proficiency

Language Proficiency requirement must be met. TOEFL, IELTS, PTE, or Duolingo English Test may be required. See our policy for full details:  
<https://www.su.edu/admissions/international-students/>

### Foreign Transcripts

Must be evaluated by an accredited service. Approved services are listed at [www.naces.org](http://www.naces.org) and <http://aice-eval.org/>.

### How to Apply

Begin the online application process by going to

### Contact Us

Dr. Tammy Wagner  
Director of Nutrition and Dietetics  
[tammy.wagner@su.edu](mailto:tammy.wagner@su.edu)

Courtney Beachler  
Program Coordinator

[NutritionDietetics@su.edu](mailto:NutritionDietetics@su.edu)

Office of Graduate Admissions  
[SUGradAdmissions@su.edu](mailto:SUGradAdmissions@su.edu)  
call: 540-665-4581 | text: 540-401-5709

Office of Financial Aid  
<https://www.su.edu/financial-aid/incoming-graduate-aid/>  
[finaid@su.edu](mailto:finaid@su.edu) | call: 540-665-4538



**Dr. Tammy Wagner**

**Ph.D., RDN**

**Program Director**

*The Graduate Program in Nutrition and Dietetics at Shenandoah University has been granted Candidacy Accreditation status. Students accepted as of April 30th, 2025 and succeeding classes will be considered graduates of an ACEND accredited program and eligible, upon satisfactory completion of the program, to write the Commission on Dietetic Registration's, Registration Examination for Dietitians.*

## CURRICULUM

Course	Title	Credits
<b>Fall 1</b>		
ND 501	Dietetics as a Profession**	3
ND 502	Nutrition Assessment**	3
ND 507	Nutrients	3
ND 510	Food and Culture**	3
	<b>Total:</b>	<b>12</b>
<b>Spring 1</b>		
ND 503	Nutrition Education and Communication**	3
ND 511	Food Service Management**	4 (lecture/lab)
ND 512	Food Science and Experimentation**	4 (lecture/lab)
ND 670	Supervised Practice*	1
	<b>Total:</b>	<b>12</b>
<b>Summer 1</b>		
ND 520	Nutrition Epidemiology and Evidence Based Practice	3
ND 521	Community Nutrition**	3
ND 522	Nutrition Through the Lifespan**	
ND 670	Supervised Practice*	3
	<b>Total:</b>	<b>12</b>
<b>Fall 2</b>		
ND 601	Approaches in Nutrition Counseling**	3
ND 620	Medical Nutrition Therapy I**	3
ND 622	Performance Nutrition**	3
ND 670	Supervised Practice*	3
	<b>Total:</b>	<b>12</b>
<b>Spring 2</b>		
ND 602	Leadership for Nutrition and Dietetic Professionals**	2
ND 621	Medical Nutrition Therapy II**	3
ND 640	Capstone Project	2
ND 670	Supervised Practice*	3
	<b>Total:</b>	<b>10</b>
	<b>Program Total</b>	<b>58</b>

\*10 Supervised Practice Credits (course can be taken for variable credit hours 1, 2 or 3)

\*\*Experiential Learning Activities are planned in the course