

Intramural Basketball

NFHS Basketball Rules will apply unless otherwise noted

Mandatory Captain's Meeting, BSC 123 on 2/10 @ 8 pm

All players must complete the [Intramural Sports Waiver](#) and be registered on the team's roster prior to being eligible to participate in any games.

All players and staff are required to be vaccinated or have a university-sanctioned exemption and may be required to show their proof using the Shenandoah Go App.

New for spring 2022: Team registration is free, however, if a team forfeits a game they will be required to pay a forfeit fee in order to remain in the league. For Intramural Basketball, because teams may play on back-to-back nights, a team that forfeits will have 2-business days to make a payment for their forfeit at Hornet Central. The payment form will be emailed to the captain following a forfeit.

- 1st team forfeit = \$10 to remain in the league
- 2nd team forfeit = \$15 to remain in the league
- 3rd team forfeit = Team removed from the league

*If a team has multiple games in one night and forfeits more than one, only one forfeit fee will be charged to remain in the league.

If a team fails to have representation at the **Mandatory Captain's Meeting on 2/10 @ 8 pm, they will be required to pay the forfeit fee no later than **Monday, 2/14 @ 5 pm** to remain in the league.

If a team notifies the Campus Recreation & Wellness Department 48-hours in advance of a game, they will not be charged a forfeit. To do so, email recsports@su.edu

Rule Highlights for Intramural Basketball:

- All games will be played at the Wilkins Athletics & Events Center (WAEC)
- Players are only permitted to play on one team total, regardless of league
- Games are played 5 v 5 - must have 4 players to start a game
- Only rostered individuals will be permitted on a team's bench - all others must remain in the stands
- Non-marking athletic shoes must be worn by all individuals on the court and bench area
- **All jewelry is prohibited. This includes, but is not limited to, earrings, necklaces, bracelets, fitness bands, and rings that protrude**
- No shot clock will be used, however, 10-second backcourt violations will still be enforced as will the 5-second closely guarded rule
- Teams will be allowed 3-timeouts per half (they will not carry over)
- Point penalties for being late:
 - 1-2 minutes late = 3 points
 - 3-4 minutes late = 6 points
 - 5 - minutes late = **8 points and the game is over and the score will be recorded as 8-0**

Official Game:

- All games will consist of two 15-minute halves (running clock)
 - Halftime will be no longer than 3-minutes (referee discretion)
 - The game clock only stops for dead balls in the last two minutes of the game
 - If one team obtains a lead of 15-points or more at any point under two minutes in the second half, the clock will continue to run
 - If the deficit is reduced to less than 15-points, the clock will stop accordingly
 - Intramural Sports will provide game balls for each contest

Forfeit/Default:

- Teams must have four players present to avoid default/forfeit. If a team does not have the required minimum number of players present at game time, the point penalties for being late that are listed in the "*Rule Highlights for Intramural Basketball*" on page 1, will be enforced.

Overtime:

- If regulation ends in a tie, a 3-minute overtime period will be played with the following criteria:
 - A jump ball will determine possession
 - Team and player fouls will carry over into overtime
 - The clock will stop during the last 1-minute only
 - Teams will get one timeout for each overtime period, they will not carry over
 - In the regular season, if the score remains tied after one overtime period, the game will end in a tie
 - During the postseason, if overtime ends in a tie, additional 3-minute periods are played until there is a winner

Timeouts:

- Each team has three, 30-second timeouts per half.
- A team may call timeouts only when they have possession, or prior to the ball being inbounded after a made basket.

Players:

- Games are played with 5-players on the court per team
- The game will start if four players are present at game time
 - If one team only has 4-players, the other team may still play with 5
- A team can play with three players only if others have been injured or have fouled out
 - Ejections that reduce a team to three players result in a forfeit
- To add players to your roster, please email recsports@su.edu with your team name, the player to add, their SU ID #, and email address

Substitutions:

- Substitutions are allowed only on a dead ball
- **All subs must report to the score table before entering the game**
 - Officials will signal subs into the game

- If a referee stops a game due to “injury,” that player must be substituted for, or a team must use a timeout for them to remain on the court. If able, they may return on the next stoppage of play

Rosters:

- The maximum number of players per team is 15
- Players may only be added to a roster until a team’s final regular-season game
- No students listed on a 2021-2022 NCAA basketball roster are permitted to participate
- ***All players in the team area must be on the roster; otherwise, they are considered spectators and must be in the stands on the opposite side of the gym***

Fouls:

- Players receiving five fouls are out of the game
- Offensive fouls will count toward player fouls, but not team fouls

Free-Throws:

- On a shooting foul, the fouled player will be awarded a free throw for each point the shot was worth
 - If the initial shot was made, there will be 1 free throw awarded

Bonus:

- On the seventh personal team foul, each subsequent foul will result in a 1-and-1 free throw sequence
- On the tenth personal foul double bonus, free throws will be in effect

Types of Fouls:

- **Personal Foul:** *An infraction that violates the written rules of the game*
- **Technical Foul:** *Any infraction of the rules penalized as a foul which does not involve physical contact during the course of play between opposing players on the court, or is a foul by a non-player*
- **Flagrant Foul:** *Is violent in nature or a noncontact play demonstrating unacceptable or uncivil behavior. The penalty for a Flagrant Foul is immediate ejection*
- **Intentional Foul:** *A foul deliberately committed by a defensive player to stop play. This does not include fouls to stop the clock at the end of a half. These typically occur on breakaways*
- A technical, flagrant, or intentional foul results in awarding the other team two free throws and possession
 - This will take place with no other players on the shooter's half of the court
 - All fouls will result in a personal foul as well

Player Conduct:

- A player who receives two technical fouls in one game will be ejected
 - That player must leave the facility and not return for the duration of that evening
 - Any player ejected from a game must meet with the Director of Campus Recreation & Wellness prior to being eligible for any future Intramural Contests
- Campus Recreation & Wellness reserves the right to contact DPS and/or to submit a “Student of Concern” report in order to properly document a situation with the university
- Any player who receives three technical fouls during a season may not play for the remainder of the season

- A team receiving three technical fouls in one game will forfeit the game

Uniforms:

- Teams will be required to wear shirts with visible numbers on them
 - The Intramural Sports Department will have pinnies available if needed
 - Numbers written in sharpie will be permitted, however, taped numbers will not
 - It is preferred that numbers only include the numbers; 0, 1, 2, 3, 4, & 5
 - Double-digit numbers will be permitted
 - **All jewelry is prohibited. This includes, but is not limited to, earrings, necklaces, bracelets, fitness bands, and rings that protrude**
 - Team Captains should remind their players to remove all jewelry before a game
- Masks must be worn when not actively participating in an Intramural Basketball Game

Spectators:

- All non-rostered individuals must be in the stands
- All spectators will be required to be masked at all times within the Wilkins Athletics & Events Center
- Spectators will be held to the same sportsmanship and [conduct](#) standards as participants and may be ejected for violating sportsmanship rules

Women's League:

- All participants must identify as female
- If there are not enough teams to run this league, teams will be added to the Recreational League unless other requests are made
- A 28.5 ball will be used for this league only
- All other rules will be the same as outlined in this document