

KRISTEN SAMPLE

2626 Irish Road, Charlottesville, VA
(434) 434-4343 | ksample@su.edu

September 25, 2017

Dr./Mr./Ms. Firstname Lastname
Employer Job Title
Company Name
44 Street Name
City, ST

Dear Mr./Ms. Lastname,

I am writing in reference to the position at UVA Medical Center on General Medicine 3 West. Currently, I am a senior nursing major at Shenandoah University Eleanor Wade Custer School of Nursing. My mother is a nurse and she has inspired me over the years with her compassion and caring for the profession. My passion for nursing began in 9th grade when I took an Intro to Health class, which helped me decide to pursue my Certified Nursing Assistant license. My 10th and 11th grade years I continued with the nursing program and had my CNA license at the age of 16.

While in nursing school, I have been able to gain clinical experience in a variety of different nursing divisions. I enjoy facing new challenges and having the opportunity to learn something new every day. For example, during my preceptorship on the Five West (GI) at Winchester Medical Center, the floor had just received a new patient when we arrived at 0630. He came up from the ED with a potassium level of 6.8 and a GI bleed. Technically, the floor should not have accepted the patient until the new labs had been drawn and showed the treatment worked to bring down his potassium level. My preceptor and I stopped the night nurse from giving a blood pressure medication that had been ordered which would have dropped his blood pressure even lower. With his low heart rate, low blood pressure, an active GI bleed, and potassium of 6.8, we called the rapid response team and he was quickly transferred to the ICU. This was my first time ever having to call the rapid response team on one of my patients, but I learned so much from this experience and how important it is to look at the patient as a whole. This was a moment that will stay with me throughout my nursing career.

Another experience which will stay with me forever is my mission trip to Brazil through Shenandoah University. I spent seven days on a medical mission boat which traveled to the indigenous colonies along the Amazon River. Along with people from various countries, including Cameroon and Estonia, I provided health education to children and general healthcare to the adult population. From this experience, I learned it's still possible to communicate with and provide good patient care even when there is a language barrier.

Through my involvement with Shenandoah University Student Nurses Association I have gained many valuable skills. Being on the Board of Directors as the secretary for two years, I have acquired leadership, professional communication, and organization/time management skills. With these skills, I can communicate effectively with my patients, hospital personnel, and peers; as well as provide exceptional care for my patients regardless of their culture and background.

It would be an honor and a privilege to gain experience at the University of Virginia Health System. I look forward to speaking with you about this amazing opportunity. I can be reached at (434)434-4343. Thank you for your time and consideration.

Sincerely,

Kristen Sample