

TAMMY SMITH

111 University Drive, Winchester, VA 22601
(111) 222-3333 | suemail@su.edu

OBJECTIVE

To obtain the position of Occupational Therapist at Winchester Medical Center

EDUCATION

Master of Science in Occupational Therapy December 2016
Shenandoah University, Leesburg, VA

Bachelor of Science in Psychology May 2014
Minor in Biology
Shenandoah University, Winchester, VA

LICENSES AND CERTIFICATIONS

Occupational Therapy License, NBCOT Anticipated: February 2017

- Virginia
- Maryland
- Washington D.C.

First Aid and CPR/AED Certification, American Heart Association Expires: January 2019

CLINICAL EXPERIENCE

Sheppard Pratt Healthcare System – The Jefferson School September – December 2016
Mental Health Residence for Youth, Jefferson, MD Preceptor: Mark Melanson, OTR/L

- Managed caseload of 15-25 youth patients aged 12 to 21
- Ran two weekly therapy groups
- Represented the OT department in multidisciplinary treatment team meeting to collaboratively determine plan of care for each resident
- Taught joint life skills class for youth in the certificate of completion education pathway
- Worked with the following diagnoses: PTSD, depression, generalized anxiety disorder, autism spectrum disorder, substance abuse, oppositional defiant disorder, ADHD/ADD, antisocial personality disorder, learning disabilities, childhood pyromania, and sensory processing disorder

Genesis Rehabilitation – Layhill Center May – August 2016
Nursing Transitional Rehabilitation Unit, Silver Spring, MD Preceptor: Christa Schestag, OTR/L

- Managed caseload of 20-24 patients, seeing 6-10 per day
- Completed all relevant documentation on Rehab Optima System for initial evaluations, treatment encounter notes, progress reports, recertification, and discharges with guidance as needed by Clinical Instructor
- Utilized point of service documentation to obtain 85% productivity
- Created individual goals for clients and determined appropriate interventions utilizing evidence-based practice and theory
- Spoke on behalf of rehab team regarding patient progress and discharge recommendations at care plan meeting
- Conducted in-service about neuromuscular re-education with bacterial meningoencephalitis patients for rehabilitation team to increase patient outcomes
- Worked with the following diagnoses: CVA/MCA, orthopedic conditions, cardiopulmonary conditions, LVAD, neurodegenerative diseases, generalized muscle weakness, chronic pain, diabetes, and bacterial meningoencephalitis

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MedStar National Hospital Center

Inpatient Rehabilitation Unit, Washington, DC

February – March 2016

Preceptor: Megan L. Mahaffey, MOT, OTR/L

- Completed 48 hours of education on site
- Interacted with adult population admitted to the inpatient rehabilitation unit
- Assisted with and observed evaluation and treatment sessions
- Participated in and contributed to group therapy sessions

Fountains at Washington House Independence Rehab

Nursing Rehabilitation Unit, Alexandria, VA

October – December 2015

Preceptor: Linda Huang, OTR/L

- Completed 52 hours of education on site
- Interacted with older adult population in assisted living setting
- Assisted with and observed evaluation and treatment sessions

WORK EXPERIENCE

Martial Art Instructor/Summer Camp Director

Kuk Sool Won, Capitol Heights, MD

June 2008 - August 2015

- Instructed martial arts classes for both children and adults
- Provided childcare for ages 3-15
- Successfully ran summer camp program for 6 years
- Trained summer camp counselors and assistant instructors
- Engaged in parent-teacher conferences to discuss progress of students

Teacher Aide/ Substitute Pre-school Teacher

Noah's Ark Learning Center, Huntingtown, MD

August 2014 - June 2015

- Provided before and after-school care for children aged 5 - 12 years
- Assisted pre-school teachers in daily activities for ages 2 months - 4 years

KNOWLEDGE AND SKILLS

MBI, FIM, MMT, ROM, dynamometry, MoCA, MMSE, CLOX, TMT, and BADS
Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Behavioral Healthcare
Non-Violent Crisis Prevention Intervention (CPI).
Microsoft Office, SPSS, and Rehab Optima proficiency