

# KELLY SOMEONE

2323 Bayside Way, Winchester, VA  
(232)323-2323 | [ksomeone@su.edu](mailto:ksomeone@su.edu)

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## EDUCATION

**Master of Science in Occupational Therapy**  
Shenandoah University, Winchester, VA

Anticipated Graduation: December 2018  
Cumulative GPA: 3.90

**Bachelor of Arts in Spanish**  
Minors in Psychology and Biomedical Ethics  
University of San Diego, San Diego, CA

Graduated: May 2016

## CLINICAL EXPERIENCE

### Valley Health

September – November 2017

Senior Behavioral Health Outpatient Program, Woodstock, VA

- Completed 49 hours of education on site for Level I fieldwork
- Developed group therapy activities to promote patient self-insight and improve executive functioning
- Engaged older adult group therapy patients in morning warm-up activities and conversations related to health and wellness
- Interacted with patients with conditions including bipolar disorder, schizophrenia, borderline personality disorder, depression, anxiety, OCD, and PTSD
- Collaborated with interdisciplinary team and participated in weekly treatment team meetings

### Loudoun County Adult Day Center

Spring 2017

Leesburg Adult Day Center, Leesburg, VA

- Completed 50 hours of education related to community-based experience
- Worked with group of OT student volunteers to identify systems that influenced the delivery of care to clients and identify health recommendations to promote health and wellness
- Interviewed Loudoun County officials to develop a renovation plan to encourage client engagement in facility backyard space
- Attended groundbreaking ceremony as facility began to implement components of our backyard renovation plan

### Loudoun County Adult Day Center

Fall 2016

Leesburg Adult Day Center, Leesburg, VA

- Completed 35 hours of education on site for community-based experience
- Encouraged client independence, socialization, and participation in recreational activities
- Interacted with clients who lived with conditions including Alzheimer's Disease, dementia, traumatic brain injuries, and adult strokes.

## RELEVANT EXPERIENCE

### Alzheimer's San Diego

September 2015 – May 2016

Companion and Respite Volunteer, San Diego, CA

- Completed 140 hours with one client to provide safety in home while caregiver was away
- Encouraged engagement in leisure activities and promoted socialization within community

### OT Write Steps

September 2015 – May 2016

Outpatient Pediatric Occupational Therapy, San Diego, CA

- Completed 100 hours of education on-site working under supervision of OTR/L
- Observed evaluation sessions utilizing PDMS-2, BERRY-VMI, and Sensory Profile
- Assisted OTR/L in providing creative interventions for children with various developmental delays to increase fine and gross motor skills, visual motor integration skills, cognitive-perceptual skills, and sensory regulation

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## **Kids Therapy Associates**

Fall 2015

Outpatient Pediatric Occupational Therapy, San Diego, CA

- Completed 48 hours of education on-site working under supervision of OTR/L
- Observed and helped implement creative and meaningful interventions to promote development and functional independence for children
- Interacted with clients living with conditions including developmental delay, autism, down syndrome, cerebral palsy, ADHD, oppositional defiance disorder, and feeding difficulties
- Interacted with interdisciplinary team of OTs, PTs, and speech therapists

## **Palomar Hospital**

March 2014 – February 2015

Pathmaker Intern, San Diego, CA

- Completed 375 hours of education in hospital setting with 353 hours as direct bedside care
- Rotated through five settings (60+ hours each) including Inpatient Rehabilitation, Adult Outpatient and Neurorehabilitation, Outpatient Hand Therapy, Labor and Delivery Department, and Medical/Surgical
- Assisted nurses with taking vitals, re-positioning, ambulating, and feeding
- Assisted OTs and PTs in providing rehab interventions and adaptive equipment training
- Exposed to splinting, fluidotherapy, ultrasound, electrical stimulation, and Paraffin equipment
- Helped OT with morning showers and patient feeding as they used assistive devices

## **LEADERSHIP EXPERIENCE**

### **Student Government Club Representative**

September 2017 – Present

Student Occupational Therapy Association (SOTA), Shenandoah University

- Attended biweekly meetings at Shenandoah University and represented student occupational therapists as a member of the house of delegates
- Member of executive board for Shenandoah University SOTA
- Helped plan and volunteered at annual sensory free Halloween party for children living in the Shenandoah Valley

### **Spanish Language Facilitator**

September 2015 – May 2015

University of San Diego Medical Brigades, San Diego, CA

- Combined research and applied knowledge of healthcare in Central America to prepare students for their medical service trip to Nicaragua
- Prepared lesson materials to be used on the brigade trip to Nicaragua and worked with leaders of the organization to help design and facilitate language workshops
- Created and presented presentations in Spanish to children living in Nicaragua. Topics included: nutrition, personal fitness, hand washing in sanitary stations, oral hygiene, and kitchen safety

## **PROFESSIONAL MEMBERSHIP**

American Occupational Therapy Association

September 2017 – Present

## **PROFESSIONAL DEVELOPMENT**

AOTA Centennial Conference, Philadelphia, PA

April 2017

AOTA Capital Hill Day, Washington, D.C.

September 2016

## **CAMPUS INVOLVEMENT**

AMBUCS, Shenandoah University

Spring 2017

- Helped assemble and distribute six adaptive tricycles to children with developmental disabilities in the Shenandoah Valley

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## VOLUNTEER EXPERIENCE

Camp Casey, Seattle, WA

August 2017

- Camp counselor for children of all ages with developmental disabilities
- Attended to children's activities of daily living and social participation
- Helped plan related camp activities to maximize camper engagement

## SKILLS

- Proficient in Spanish
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Behavioral Healthcare
- Internal Review Board Shenandoah University Collaborative Institutional Training Initiative (CITI program)
- FIM, MMT, ROM, MoCA, SLUMs, PDMS-2, Weekly Calendar Planning, and vision assessments
- BLS/CPR for Healthcare Providers Certified by American Heart Association
- Microsoft Office, OneNote, PowerPoint, SPSS, Google Drive proficiency