

# MARY SOMEONE

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## OBJECTIVE

To obtain the position of a Physical Therapist at an inpatient rehabilitation location

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## EDUCATION

**Doctor of Physical Therapy** Anticipated Graduation: August 2018  
Shenandoah University, Winchester, VA  
**Bachelor of Science in Biology** Graduated: May 2014  
York College of Pennsylvania, York, PA

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## LICENSES AND CERTIFICATIONS

**Healthcare Provider CPR/AED Certification**, American Heart Association Expires: August 2019  
**HIPPA, OSHA, BBP Certification**, ValleyHealth November 2015

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## CLINICAL EXPERIENCE

**OP, Home Care and School Pediatrics** Scheduled for April 2018 – July 2018  
Children's Healthcare of Atlanta, Atlanta, GA  
**IP Acute Care/IP Rehab** Scheduled for January 2018 – March 2018  
Fulton County Medical Center, McConnellsburg, PA  
**Home Health/OP Orthopedics** June – August 2017  
Spine & Sport Physical Therapy, Stephens City, VA  

- Evaluated and treated home-bound patients with orthopedic, cardiopulmonary, neurological, respiratory and general debilitation conditions, in addition to other comorbidities

**OP Orthopedics** May 2017 – June 2017  
Bridgeport Physical Therapy, Bridgeport, WV  

- Experience with myopulse, acuscope, instrument assisted soft tissue mobilization (IASTM) and myofascial release

**OP Orthopedics** February 2017 – April 2017  
ValleyHealth Wellness and Fitness Center, Winchester, VA  

- Heavily utilized a McKenzie based treatment approach to guide examination and intervention strategies

**OP Orthopedics** September – November 2016  
Spine & Sport Physical Therapy, Stephens City, VA  

- Utilized manual therapy treatments, in addition to therapeutic exercise, in patients with general orthopedic conditions

**IP Acute Care** February 2016 – April 2016  
Shenandoah Memorial Hospital, Woodstock, Virginia  

- Experience with treating patients in the ICU
- Participated in weekly inter-professional meetings with medical team (PT, OT, RT, ST, MD, Pharmacist, Case Manager, Nurses, Social Worker)

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## RESEARCH EXPERIENCE

**Shenandoah University Department of PT**, Project: Reliability Study of Novel Devices for Measuring Medial Drift of the Malleolus and Medial Longitudinal Arch Height September 2016 – November 2017

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## RELEVANT EXPERIENCE

**Adaptive Aquatics** September 2015 – April 2017  
Winchester Rehabilitation Center, Winchester, VA  
**SUPT Thrive Medical Mission Trip** May 14 – 21, 2016  
El Faro, Guatemala

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## WORK EXPERIENCE

- Physical Therapist Technician/Aide** September 2014 – May 2015  
Cumberland Physical Therapy, Mechanicsburg, PA
- Assisted with treating patients by applying ice/heat packs; setting up electrical stimulation; helping patients onto exercise equipment; performing prescribed exercises and strengthening techniques; supervised patients in aquatics wellness program and assisted as needed
- Fulltime Nanny** Summers of 2012 – 2016
- Caregiver to 2-5 children. Responsible for care, hygiene, nutrition, transportation, discipline, and guiding development; effectively taught children to swim and assisted with homework
- Summer Camp Counselor/Team Leader** Summers of 2009 – 2016  
East Pennsboro Township, Enola, PA
- Assisted in supervision and care of children five to nine years old; primary responder to all injuries and emergencies; communicated with parents regarding daily activities, disciplining, and daily experiences; organized and led small and large group activities such as board games, tag, talent shows, sports games, and arts/crafts
- Grumbacher Sport and Fitness Center, York, PA**
- Building Supervisor** January 2014 – May 2014
- Primary responder to all facility emergencies; performed opening/closing procedures and communicated/assisted administrative staff; completed safety and security checks hourly
- Fitness Center Monitor, Equipment & Welcome Desk Attendant** August 2012 – May 2014
- Primary customer service representative for the Athletics & Recreation department; monitored member/guest authorized access to the facility; provided general information regarding all facility usage areas and programming; responsible for enforcing facility rules and regulations
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## PROFESSIONAL MEMBERSHIP

VPTA and APTA August 2015 – Present

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## PROFESSIONAL DEVELOPMENT

ICU Nurse Observation, Winchester, VA October 16, 2017  
VPTA Blue Ridge District Meeting, Harrisonburg, VA September 12, 2017  
SBIRT Certification April 20, 2017  
'Leading the Team – A Practical Guide to Working with PTAs' Certification April 18, 2017  
'Preventing Fraud, Abuse, and Waste: A Primer for Physical Therapists' Certification March 20, 2017  
Inter-Professional Experience Days, Winchester, VA Fall 2015 – Spring 2017  
VPTA Student Conclave, Chantilly, VA October 7, 2016  
'Mandated Reporters: Recognizing and Reporting Child Abuse and Neglect' January 24, 2016  
APTA Lobby Day, Richmond, VA January 19, 2016

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## VOLUNTEER EXPERIENCE

**Childcare Provider** January 2014 – Present  
Christian Life Assembly, Camp Hill, PA  
Lifehouse Church, Winchester, VA

**Worlds of Work Expo** October 25, 2017  
Body Renew Fitness & Family Sports Center, Winchester, VA

**SU Day of Service** January 25, 2017  
Braddock Street United Methodist Church, Winchester, VA

**SUPT Green Circle 5K** October 1, 2016  
Winchester, VA

**Assistant Varsity High School Girls Basketball Coach** August 2014 – March 2015  
East Pennsboro HS, Enola, PA

**Inpatient Rehabilitation Physical Therapy Volunteer** September 2013 – April 2014  
PinnacleHealth Community General Osteopathic Hospital, Harrisburg, PA