## **Readings in Music Therapy**

Bruscia, K. E. (2014). *Defining Music Therapy* (3<sup>nd</sup> ed.). University Park, IL: Barcelona Publishers.

Meadows, A. (2011). *Developments in Music Therapy Practice: Case Study Perspectives*. Gilsum, NH: Barcelona Publishers.

Wheeler, B. (Ed.) (2015). *Music Therapy Handbook*. New York. Guilford Press

### **Additional Reading List**

- Allen, J. (2013). *Guidelines for Music Therapy Practice in Adult Medical Care*. Gilsum, NH: Barcelona Publishers.
- Aigen, K. (2005). Music-centered music therapy. Gilsum, NH: Barcelona Publishers.
- Aigen, K. (1998). *Paths to Development in Nordoff-Robbins Music Therapy*. Gilsum, NH: Barcelona Publishers.
- Aldridge, D. (2004). Health, the individual, and integrated medicine. Philadelphia, PA: Jessica Kingsley Publishers.
- Aldridge, D. (1996). *Music Therapy Research and Practice in Medicine*. Philadelphia PA: Jessica Kingsley Publishers.
- Ansdell, G. (1995). *Music for Life: Aspects of Creative Music Therapy with Adult Clients*. Philadelphia PA: Jessica Kingsley Publishers.
- Baker, F. (2015). *Therapeutic songwriting: Developments in theory, methods and practice*. New York: Palgrave.
- Bonny, H.L. (2002). *Music and Consciousness: The Evolution of Guided Imagery and Music.* Gilsum, NH: Barcelona Publishers.
- Bradt, J. (2013). *Guidelines for Music Therapy Practice in Pediatric Care*. Gilsum, NH: Barcelona Publishers.
- Bruscia, K.E. & Grocke, D.E. (Eds.) (2002). *Guided Imagery and Music: The Bonny Method and Beyond*. Gilsum, NH: Barcelona Publishers.
- Bruscia, K.E. (1998). Defining Music Therapy. Gilsum, NH: Barcelona Publishers

Bruscia, K.E. (1987). *Improvisational Models of Music Therapy*. Springfield, IL: Charles C. Thomas.

Crowe, B. (2004). *Music and soul making: Toward a new theory of music therapy*. Lanham, MD: Scarecrow Press.

deBaker, J., & Sutton, J. (2014). The Music in Music Therapy. Philadelphia, PA: JKP.

Dileo, C (Ed.). (2015). Advanced Practice in Medical Music Therapy: Case Reports. Jeffrey Books.

Dileo, C. (1999). *Music Therapy and Medicine: Theoretical and Clinical Applications*. Silver Spring, MD: American Music Therapy Association.

Eyre, L. (2013). *Guidelines for Music Therapy Practice in Mental Health*. Gilsum, NH: Barcelona Publishers.

Gaston, E.T. (1968) Music in Therapy. NY: MacMillan Publishing Co.

Grocke, D., & Moe, T. (Eds.) (2015). *Guided Imagery and Music (GIM) and Music Imagery Methods for Individual and Group Therapy*. Philadelphia, PA: JKP.

Grof, S. (1985). *Beyond the Brain: Birth, Death and Transcendence in Psychotherapy*. Albany, NY: State University of New York Press.

Hanser, S.B. (1999). *The New Music Therapist's Handbook* (second edition). St Louis, MO: MMB Music.

Heargraves, D.J. (1986). *The Developmental Psychology of Music*. NY: Cambridge University Press.

Heargraves, D.J. & North, A.C. (1997). *The Social Psychology of Music*. London: Oxford University Press.

Hintz, M. (2013). *Guidelines for Music Therapy Practice in Developmental Health*. Gilsum, NH: Barcelona Publishers.

Kenny, C. (1985). *The Mythic Artery: The Magic of Music Therapy*. Atascadero CA: Ridgeview Publishing Company.

Lee, C. (2003). The Architecture of Aesthetic Music Therapy. Gilsum, NH: Barcelona Publishers.

McGuire, M. (Ed.) (2004). *Psychiatric music therapy in the community: The legacy of Florence Tyson*. Gilsum, NH: Barcelona Publishers.

Nordoff, P. & Robbins, C. (1977). Creative Music Therapy. Springfield, IL: Charles C. Thomas.

- Oldfield, A. (2006). *Interactive Music Therapy A Positive Approach*. Philadelphia, PA: Jessica Kingsley Publishers.
- Pavlicevic, M. (1997). *Music Therapy in Context: Music, Meaning and Relationship*. Philadelphia PA: Jessica Kingsley Publishers.
- Pavlicevic, M. & Ansdell, G. (2004). *Community music therapy*. Philadelphia, PA: Jessica Kingsley Publishers.
- Priestley, M. (1994). Essays on Analytical Music Therapy. Gilsum, NH: Barcelona Publishers
- Priestley, M. (1975). Music Therapy in Action. St Louis, MO: MMB Music.
- Ruud, E. (1998). *Music Therapy: Improvisational, Communication, and Culture*. Gilsum, NH: Barcelona Publishers.
- Ruud, E. (1978). *Music Therapy and its Relationship to Current Treatment Theories*. St Louis, MO: MMB Music.
- Schneck, D. (2015). *Basic anatomy and physiology for the music therapist*. Philadelphia, PA: JKP.
- Sears, M.S. (Ed.). (2007). *Music: The Therapeutic Edge. Readings from William W. Sears*. Gilsum, NH: Barcelona Publishers.
- Sekeles, C. (2007). Music Therapy: Death and Grief. Gilsum, NH: Barcelona Publishers.
- Smeijsters, H. (2005). *Sounding the self: Analogy in Improvisational Music Therapy*. Gilsum, NH: Barcelona Publishers.
- Spintge, R. & Droh, R. (1992). MusicMedicine. St Louis, MO: MMB Music.
- Stige, B. (2002). Culture-centered Music Therapy. Gilsum, NH: Barcelona Publishers.
- Stige, B., Ansdell, G., Elefant, C., & Pavlicevi, M. (2010). Where music helps: Community Music Therapy in Action and Reflection. Burlington, VT: Ashgate.
- Taylor, D.B. (1997). *Biomedical Foundations of Music as Therapy*. St Louis, MO: MMB Music. Thaut, M., & Hoemberg, V. (2014). *Handbook of Neurologic Music Therapy*. London: Oxford University Press.
- Thaut, M. (2005). *Rhythm, music and the brain*. NY: Routledge.
- Thaut, M. (2000). A Scientific Model of Music in Therapy and Medicine. San Antonio, TX: IMR Press.

- Tyson, F. (1981). *Psychiatric Music Therapy: Origins and Development*. St Louis, MO: MMB Music.
- Uhlig, S. (2006). *Authentic Voices, Authentic Singing: A Multicultural Approach to Vocal Music Therapy*. Gilsum, NH: Barcelona Publishers.
- Wigram, T. (2004). Improvisation: Methods and techniques for music therapy clinicians, educators and students. Philadelphia, PA: JKP.

Wilber, K. (2000). *Integral Psychology: Consciousness, Spirit, Psychology, Therapy*. Boston, MA: Shambhala Press.

### **Models Comparison Reading List**

# Nordoff-Robbins - Creative Music Therapy:

Bruscia, K.E. (1987). Unit two: Creative Music Therapy. In K.E. Bruscia, *Improvisational Models of Music Therapy* (pp. 21-72).

Nordoff, P. (2007). *Creative music therapy: A guide to fostering clinical musicianship.* 2<sup>nd</sup> Edition. Phoenixville, PA: Barcelona Publishers.

Robbins, C. & Robbins, C. (1990). Creative music therapy in bringing order, change and communicativeness to the life of a brain-injured adolescent. In K. Bruscia (Ed.) *Case Studies in Music Therapy*. Phoenixville, PA: Barcelona Publishers.

#### Priestley - Analytical Music Therapy

Bruscia, K.E. (1987). Unit four: Analytical Music Therapy. In K.E. Bruscia, *Improvisational Models of Music Therapy* (pp. 21-72).

Priestley, M. (1994). Essays on Analytic Music Therapy. Phoenixville, PA: Barcelona Publishers.

Scheiby, B. (1990). Mia's fourteenth – The symphony of fate: Psychodynamic improvisation therapy with a music therapy student in training. In K. Bruscia (Ed.) *Case Studies in Music Therapy*. Phoenixville, PA: Barcelona Publishers.

#### Behavioral Music Therapy

Hanser, S.B. (1999). *The new music therapist's handbook*. Read chapters 6, 7, 8 (except small sections on insight therapy), 9, 10.

Clair, Alice Ann (1990). Music therapy for a severely regressed person with probable diagnosis of Alzheimer's disease. In K. Bruscia (Ed.) Case Studies in Music Therapy. Phoenixville, PA: Barcelona Publishers.

## Bonny - Guided Imagery and Music

Bruscia, K.E. & Grocke, D.E. (2002). Guided Imagery and Music: The Bonny Method and Beyond. Gilsum, NH: Barcelona Publishers. Read chapters 2, 12, 20, and one of 19, 20, 21 or 22.

Bruscia, K.E. (1990). Embracing life with AIDS: Psychotherapy through Guided Imagery and Music (GIM). In K. Bruscia (Ed.) Case Studies in Music Therapy. Phoenixville, PA: Barcelona Publishers.

## Community Music Therapy

Pavlicevic, M. & Ansdell, G. (2004). *Community music therapy*. Philadelphia, PA: Jessica Kingsley Publishers.

Stige, B. (2002). Culture-centered Music Therapy. Gilsum, NH: Barcelona Publishers.

Stige, B., Ansdell, G., Elefant, C., & Pavlicevi, M. (2010). Where music helps: Community Music Therapy in Action and Reflection. Burlington, VT: Ashgate.

# Thaut - Neurologic Music Therapy

Thaut, M., & Hoemberg, V. (2014). *Handbook of Neurologic Music Therapy*. London: Oxford University Press.

Thaut, M. (2005). Rhythm, Music and the Brain. NY: Routledge.

Thaut, M. (2000). A Scientific Model of Music in Therapy and Medicine. San Antonio, TX: IMR Press.